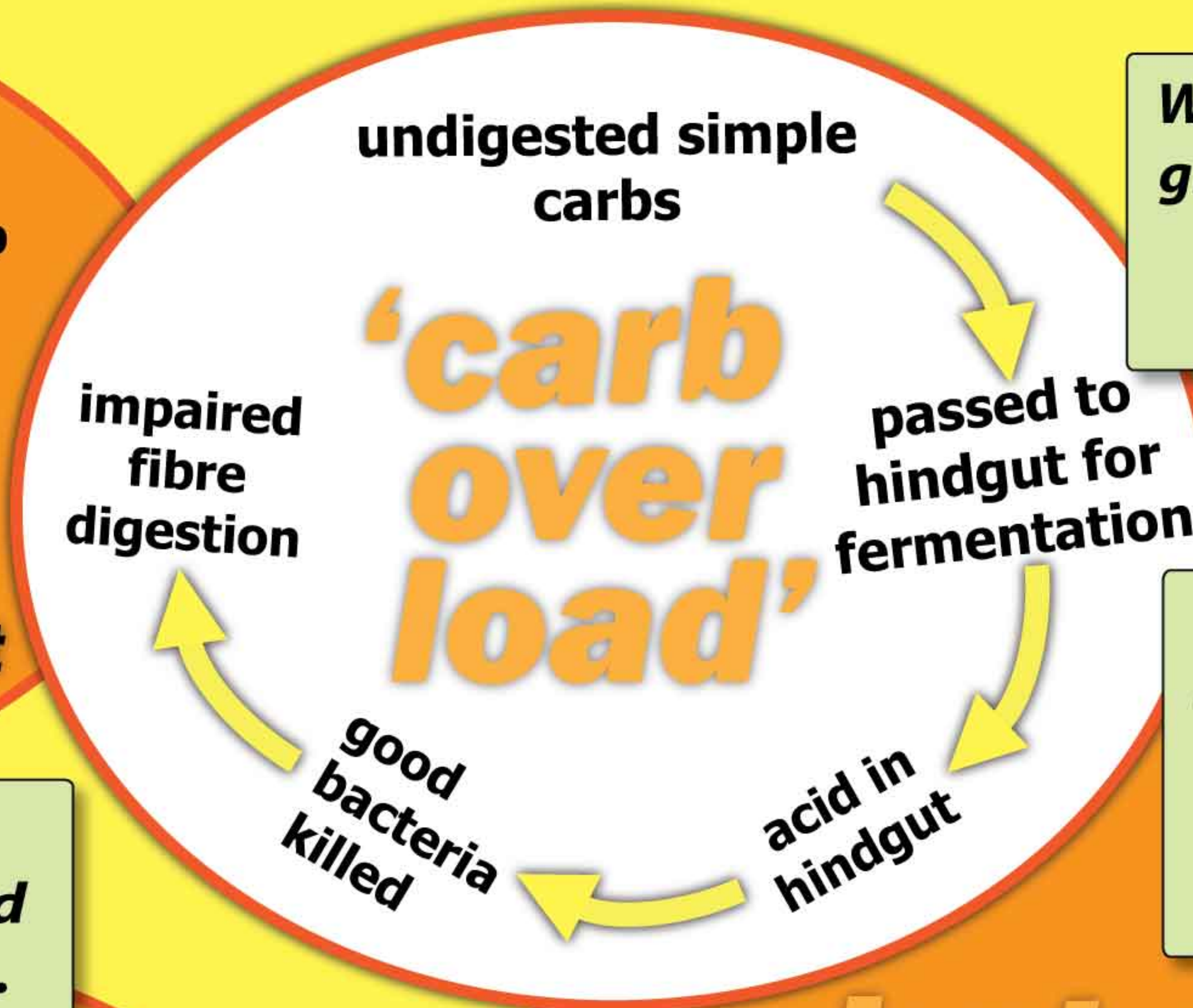
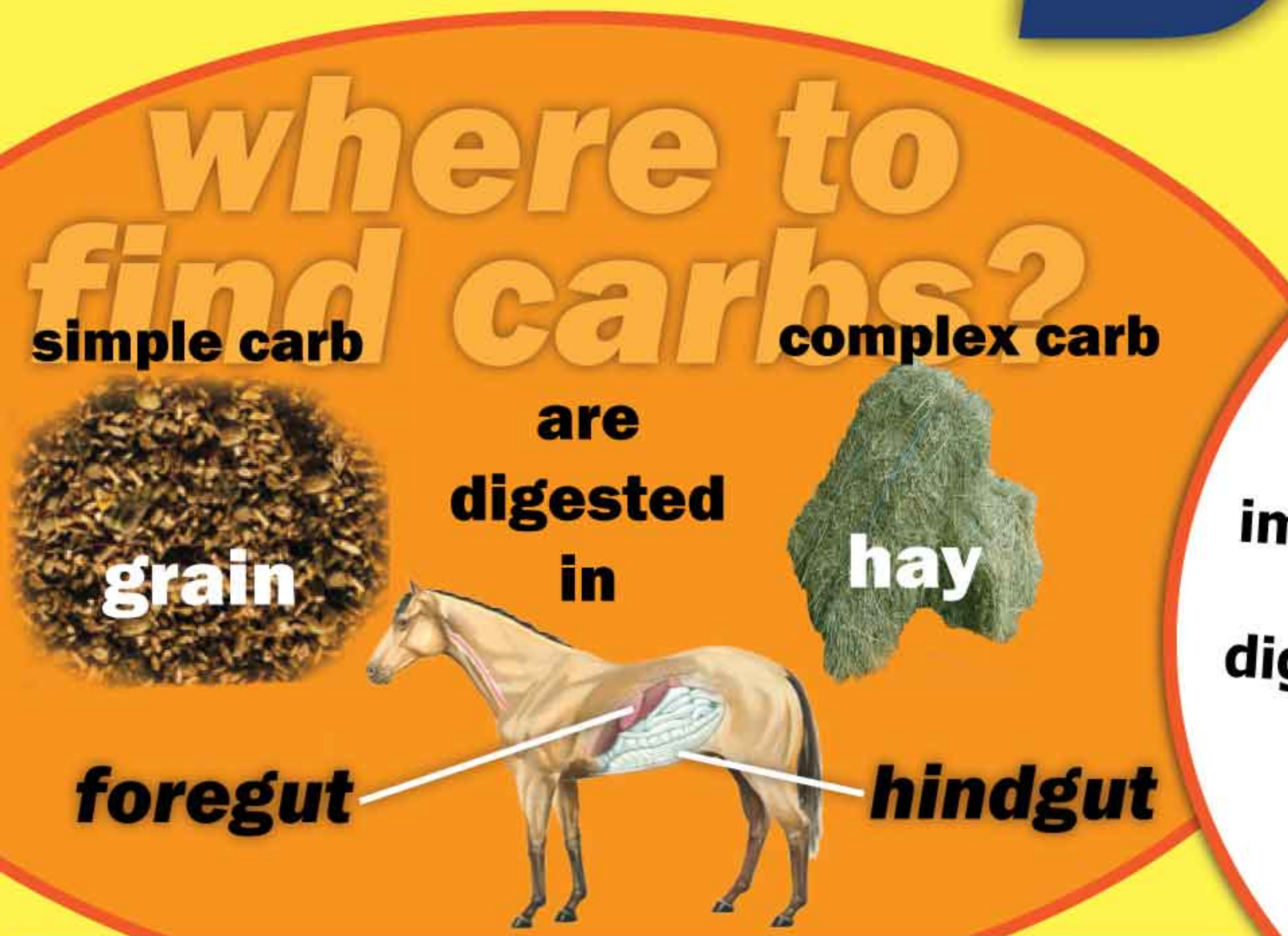


EQUINE GUELPH
helping horses for life™

Does your horse need a 'low-carb' diet?



When horses are given excess grain, the foregut may not be able to completely digest simple carbs.

Fat supplementation may be required for performance horses on low-carb diets in order to meet their energy requirements.

Horses get energy from carbs in their food. The type & how it is fed is important for digestive health.

low-carb diet

the practice of decreasing simple carbs, while increasing complex carbs

Benefits:

- ▶ maintains proper pH balance for the good bugs in the hindgut!
- ▶ prevents spikes in blood glucose (decrease in insulin release)

what can I do?

- ▶ assess horse's energy requirement
- ▶ base diet on a foundation of forage & formulate according to energy level
- ▶ don't forget to balance your vitamins & minerals!
- ▶ feed concentrates in small amounts 2-4 times a day

A low-carb diet may help horses with Cushings Disease & Laminitis.