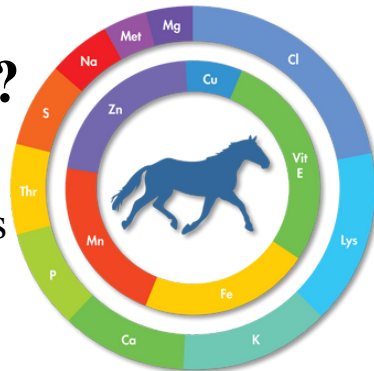


# Nutrition - Overfeeding



## What is overfeeding?

- Supplying more nutrients than the horse requires.



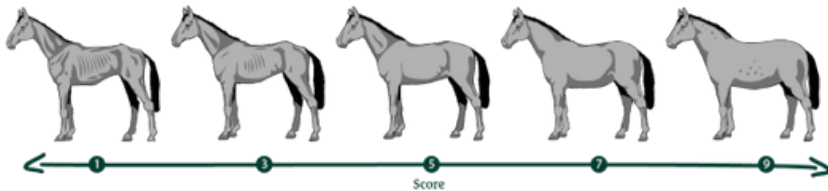
## Problems

- Waste of money.
- Potential for horse to develop health issues due to nutrient toxicity.



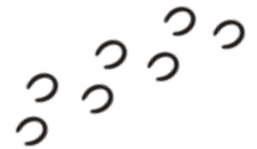
## How to tell if a horse is overfed?

- Check body condition score (BCS).
- Feed and workload analysis.



## Potential health problems

- Obesity
- Degenerative joint disease
- Metabolic syndrome
- PPID (Cushing's disease)
- Laminitis
- Inefficient thermoregulation



## Effect on behaviour

- Overfeeding can cause horses to be "hot" due to providing them with more energy than they require.



## Types of overfeeding

- It is possible to overfeed supplements, grain, grass, or hay.



Learn more about Equine Nutrition from Equine Guelph [here](#)