

Change Human Behaviour: Improve Horse Welfare

The 5 Provisions:

- Good nutrition
- Good environment
- Good health
- Appropriate behaviour
- Positive mental experiences.

These all tie into good welfare, so [use this link](#) to learn more about them!



Anthropomorphism:

- The attribution of human characteristics/behaviours to animals.
- Often creates misunderstandings, affecting proper treatment of behaviours.

Feeding:

- A majority forage-based diet is more natural.
- Optimize pasture season for more natural grazing and roaming.
- 24/7 access to forage and water.
- Avoid large grain meals—feed little and often.

Stalling:

- Can increase stereotypies (cribbing, weaving, pacing, etc.).
- Hinders socialization.
- Prevents natural roaming.



Be open to change!

- Educate yourself on updating management options.
- Stay up to date on welfare and the [equine code of practice](#).
- Choose new evidence over "tradition".



Science-based knowledge:

- While learning from peers is valuable, some "traditional" practices are more myth than fact.
- Learning welfare from evidence-based sources, such as those provided by [Equine Guelph](#).

Learn more about improving horse welfare by taking Equine Guelph's [Horse Care & Welfare](#) short course, or deepen your understanding with our 12-week courses on [Equine Welfare](#) or [Equine Behaviour](#)!